

## 04 Health procedures

### **04.07 Child massage**

It is recognised that massage is beneficial for young children, promoting relaxation of mind and body, as well as other benefits. The best people to massage young children are their parents and opportunity to learn to do this is available. While children can benefit from this in day care, concerns about children's personal safety means that it should only be done under strict conditions.

Therefore, staff will not carry out child massage in the setting.